

CAULIFLOWER RICE WITH CHICKEN FILLET

Cauliflower rice with chicken fillet is a casserole-style meal consisting of shredded cauliflower, juicy chicken fillet, tomato and cheese. A healthy and light, tasty meal for people who follow a balanced diet. Total in a portion only 189 kcal. The product complies with the Fitlap dietary recommendations and carries the Fitlap recommends label. The product contains no preservatives, is low in fat and high in protein.



ean:4740184002877

energia100g:

Energy content	232 kJ / 55 kcal
Fats	2,5 g
□ of which saturated fatty acids	0,7 g
Hydrocarbons	3,6 g
□ of which sugars	1,5 g
Protein	3,9 g
Salt	0,8 g

hulgipakend:12

kaal:300g

moodud:222x175x35 mm

sailitamine:+2 ... +6 °C

soojendamine:Remove the cardboard sleeve and make holes in the film. Heat in the microwave at 750 W for 2 minutes and then carefully remove the film by tearing it. Remove all packaging when heating on the stove in a pan.

tootekood:921029

PRODUCT DESCRIPTION

cauliflower 56%, canned tomato 9% (tomato, tomato juice, firming agent E509, acidity regulator citric acid), chicken fillet 9% (chicken breast fillet, water, tapioca starch, salt, maltodextrin; may contain residues of **gluten**), carrot, onion, water, **hard cheese** 3%, garlic, rapeseed oil, spices and herbs, vegetable fibre(**soya**, tea seed husk, **soya protein** isolate), iodised salt, cheese powder(**cheese**, emulsifying salt e339, salt), vegetable broth (sea salt, yeast extract, vegetables, salt, sugar, parsley, olive oil, spices). Chicken may contain bones.

