



BARLEY PORRIDGE

Mamma barley porridge is a traditional porridge long stewed in milk. The porridge is perfect for breakfast, a light lunch or dinner. The porridge is delicious hot or cold, with sweet or savoury accompaniments. Try it with butter, roasted onions, fresh berries, jam or honey. **Mamma barley porridge is a golden classic, preservative-free . and no sugar has been added in its preparation. The product is also recommended by Fitlap nutrition advisors.** MAMMA porridge is healthy and fuels you for a whole day. Porridges are very tasty because they are stewed for a long time. MAMMA porridge is already ready, just heat it up for a few minutes and you have a delicious meal. These porridges are ideal for those who value their time or are always in a hurry but want something good, nutritious and healthy in a hurry.



ean:4740184602435

energia100g:

| | |
|----------------------------------|-----------------|
| Energy content | 332 kJ/ 79 kcal |
| Fats, | 2,5 g |
| □ of which saturated fatty acids | 1,6 g |
| Hydrocarbons, | 10 g |
| □ of which sugars | 3,5 g |
| Protein | 3,4 g |
| Salt | 0,56 g |

hulgipakend:16

kaal:300 g

moodud:147x137x55mm

sailitamine:+2 ... +6 °C

soojendamine:Remove the cardboard sleeve and make holes in the shield. Heat in the microwave at 800 W for 2 minutes, then carefully tear off the film.

tootekood:920032

PRODUCT DESCRIPTION

milk, barley groats, iodised salt