



BARLEY PORRIDGE

Mamma barley porridge is a traditional porridge long stewed in milk. The porridge is perfect for breakfast, a light lunch or dinner. The porridge is delicious hot or cold, with sweet or savoury accompaniments. Try it with butter, roasted onions, fresh berries, jam or honey. **Mamma barley porridge is a golden classic, preservative-free . and no sugar has been added in its preparation. The product is also recommended by Fitlap nutrition advisors.** MAMMA porridge is healthy and fuels you for a whole day. Porridges are very tasty because they are stewed for a long time. MAMMA porridge is already ready, just heat it up for a few minutes and you have a delicious meal. These porridges are ideal for those who value their time or are always in a hurry but want something good, nutritious and healthy in a hurry.



ean:4740184602435

energia100g:

Energy content	332 kJ/ 79 kcal
Fats,	2,5 g
□ of which saturated fatty acids	1,6 g
Hydrocarbons,	10 g
□ of which sugars	3,5 g
Protein	3,4 g
Salt	0,56 g

hulgipakend:16

kaal:300 g

moodud:147x137x55mm

sailitamine:+2 ... +6 °C

soojendamine:Remove the cardboard sleeve and make holes in the shield. Heat in the microwave at 800 W for 2 minutes, then carefully tear off the film.

tootekood:920032

PRODUCT DESCRIPTION

milk, barley groats, iodised salt