



RYE KAMA-KEFIR PANCAKES

Pancakes are combined with real Estonia classics, the combination of which is probably familiar to you for everyone. The texture of the product has been further developed to provide a little bit of gravel texture while maintaining pancake-like softness, to showcase flavours of vanilla sugar confectionery and rhubarb puree. Also there is added fibre in the product -

inulin

which helps to keep

and has a positive effect on the intestinal tract.

microflora.

Enriched from

easily absorbed

calcium citrate

and a single 200 g serving will cover the cost of a full

36% of calcium

of the daily requirement

per average adult. Calcium is an essential mineral that helps keep our bones and teeth strong.

More and more, conscious consumers are looking for functionality in food - food must contain substances that are useful for the body to function. To this end, the new pancakes have been created in collaboration with nutrition scientists at the Food and Fermentation Technology Development Centre (TFTAK). TFTAK is a centre of excellence in biotechnology and food science in Estonia, focusing on product development and technological problem solving.

Mamma little pancakes taste equally good hot or cold.

The pancakes are packed in a very handy bag that can be easily resealed if desired.



ean:4740184602664

energia100g:

Energy content	538 kJ / 129 kcal
Fats	3,1 g
□ of which saturated fatty acids	0,7 g



Carbohydrates	19,2 g
□ of which sugars	8,6 g
Fibres	3,1 g
Proteins	4,6 g
Salt	0,5 g
Calcium	141 mg (18%)

hulgipakend:16

kaal:200 g

moodud:190x200x100mm

sailitamine:+2...+6 °C

soojendamine:Remove the packaging, heat the pancakes in the microwave at 750 W for about 30 seconds or in the oven at 180 °C for 3-5 minutes. Also suitable for immediate consumption!

tootekood:930037

PRODUCT DESCRIPTION

water, **kefir** 15%, **egg mass**, **wheat flour**, sugar, carrot, **rye kama** 6% (**rye**, **barley**, peas), rhubarb puree, rapeseed oil, inulin, vanilla sugar (sugar, vanilla flavouring, vanilla bean), baking soda, citrus fibre, calcium citrate, iodised salt, natural flavouring with citric acid.